



Family Challenge

Please write clearly, illegible entries will not be able to be judged.

Please fill out all parts of the entry form. The entry form has two pages.

In 25 words or less, describe how your family worked together to include new fruits and vegetables in your meals.

Week one. Meal name and brief description:

Week two. Meal name and brief description:

Week three. Meal name and brief description:

Week four. Meal name and brief description:

Please attach photos of each of the meals to your entry.



YOUR ENTRY DETAILS:

Name: _____

Daytime phone number: _____

Email address: _____

School: _____

SEND YOUR COMPLETED ENTRY FORM TO:

Happy Fruit & Veg'tember Family Challenge

Healthy Kids Association

Suite 1.02

38 Oxley St

St Leonards NSW 2065

